



## MRI Prostate – Patient Preparation/Information Sheet

### Three Days Prior to the Examination

No ejaculation for 72 hours prior to your MRI

### One Day prior to the MRI

On the afternoon prior to your MRI (approximately 3.00pm), please drink 1 sachet of PicoPrep mixed with a glass of water.

In the evening before going to bed please drink another sachet of Picoprep mixed with a glass of water.

***You may eat and drink as per normal. There is no need to follow the diet on the PicoPrep dietary instructions.***

### On the Day of the MRI

Prior to leaving home, please go to the bathroom and empty your bowel and bladder.

Once you arrive at St Vincent's Clinic Medical Imaging & Nuclear Medicine, you will be registered and asked to complete some relevant paperwork, then go to the bathroom and try to empty your bowel and bladder one last time. The reason this is requested is that the prostate lies in between the bowel and bladder. In order to obtain the best image quality possible, we would like you to be as free as possible from faeces and urine.

The MRI Technologists will explain the examination to you. The test will take just over 40 minutes.

You may be given an injection of Buscopan to help relax your bowel and improve the study quality prior to the examination. Please note:

- Some people experience transient, mild, blurry vision with reading for about one hour post administration of Buscopan.
- Buscopan will not be administered if you have Glaucoma.

Following the MRI examination you may resume your normal routine / activities.

If you have any questions please don't hesitate to call us on 8382 7530.